



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

9th August 2024

To All GPs and GP Practices

Welcome to our August 2024 newsletter. We hope you are having a nice summer despite the weather and that you have had an opportunity to take a break from the pressures in practice.

****SAVE THE DATE** GP and Practice Managers' Meeting**

We will be holding our annual GP and Practice Managers' meeting, and AGM at 7pm on Wednesday, 11th September at the Glasgow Caledonian University. We are currently finalising a speaker for the event and will issue the invitation to GPs and practice managers shortly.

Introduction of Urgent Suspicion of Cancer (USC) Referral Templates

A communication was issued to practices and sessional GPs on 2nd August 2024 regarding the introduction of Urgent Suspicion of Cancer (USC) referral templates. Practices will wish to familiarise themselves with the communication. During negotiations, we were mindful of the value of GPs' instinct and clinical experience in picking up cases of suspected cancer. Therefore, the GP Subcommittee ensured that there was an option for referral where there is significant clinical concern despite the USC criteria not being met. It is important that the basis for that clinical concern is detailed. The board will be organising a webinar, and further details will be issued via the weekly mailing.

GMS Uplift

The [Doctors' and Dentists' Remuneration Board](#) (DDRBR) has recommended a pay rise of 6% for GPs. Negotiations are taking place nationally between SGPC and the Scottish Government about the 2024/25 GMS uplift. We will keep practices informed of any announcements.

Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. This is a weekly, one question survey to practice managers asking them to gauge the level of pressure experienced by their practice over the past week. We are aware that many practices are experiencing significant workload demand and practice pressures. We are keen to monitor the situation in general practice in GGC and to allow us to feed back locally and nationally. The survey is anonymous and should take practice managers less than a minute to complete. The weekly email notes the data that is coming into the office. We are having good uptake with this, with around 120/130 practices completing this each week.

Email Mailing List

If any GPs would like to receive our communications direct to their own inbox, as well as their practice's, please do let the office know.

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Mark Fawcett
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer