



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

8th November 2024

To All GPs and GP Practices

Welcome to our November 2024 newsletter.

National Insurance

A number of practices have contacted us regarding the changes to National Insurance announced by the UK Government in its budget on 30th October.

The LMC is acutely aware of the pressures on practice finances currently and will liaise with colleagues working nationally regarding this.

The BMA's GPC UK has raised this with the UK Government. More information can be found [here](#). SGPC has also highlighted this with the Scottish Government, and is undertaking [media work](#) in relation to this.

SGPC

Earlier this week, we circulated a communication from SGPC. This addressed two elements.

Firstly, SGPC is running a [pay survey](#). This seeks views from GPs, so that SGPC knows how GPs feel on this matter and the steps GPs may be willing to take to protect the future of general practice and the NHS.

SGPC has also launched new [business guidance](#) for practices. This outlines advice to practices on steps to maintain GP income in the current adverse financial climate. Each practice will wish to consider the guidance for its own individual circumstances.

There is more information in this [blog](#) from SGPC.

LMC Resources

We recognise the immense pressures that GPs and their practice teams are working under throughout GGC. The LMC's Practice Situation survey (detailed below), the board's data on escalation levels, enquiries that the office receives from GPs and practices, and the feedback that we receive at LMC meetings all underline this.

Two documents were distributed by the office to GPs and practices on 17th October. We hope that practices are finding these useful, either for displaying on their websites or for helping practices respond to patients' queries.

The attachments are in the Practice Resources folder in the library on our [website](#).

GP Email Mailing List

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please contact the office to provide your email contact details [here](#).

Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. This is a weekly, one question survey to practice managers asking them to gauge the level of pressure experienced by their practice over the past week. We are aware that many practices are experiencing significant workload demand and practice pressures. We are keen to monitor the situation in general practice in GGC and to allow us to feed back locally and nationally. The survey is anonymous and should take practice managers less than a minute to complete. The weekly email notes the data that is coming into the office. We are having good uptake with this, with around 120/130 practices completing this each week.

Wellbeing Resources

The cumulative stress of the pandemic, the workload pressures, and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub - www.promis.scot

NHS GGC Occupational Health Service -
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service -
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource -
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Mark Fawcett
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer