# GLASGOW LOCAL MEDICAL COMMITTEE LIMITED 14<sup>th</sup> February 2025



# To All GPs and GP Practices

Welcome to our February 2025 newsletter.

## Red weather warning

As outlined in our communication on 23<sup>rd</sup> January, we understand that practices may have felt that the communication that was issued by the health board around 4pm that day regarding the red weather warning on 24<sup>th</sup> January might have been of limited value.

However, we do believe that it confirmed that GP practices as independent contractors are able to take decisions based on their risk assessment of the situation for their practice's own individual circumstances for the day. This may well mean that different practices will have reached different decisions- we do not see that as problematic given the board's stated approach. As we outlined, the LMC will support practices' decisions regarding patient services based on their own individual risk assessment.

If there are any specific issues from the day that a practice would like to highlight with us, please do use the <u>contact us form</u> on our website.

## **CHI numbers**

We have received a number of enquiries from practices regarding the PSD newsletters, in relation to the use of the 01/01/YYYY date of birth. We have raised this with SGPC as this requires a national solution to be found with PSD. The ask of practices by PSD will create difficulties for practices, and practices should not be left having to create a date of birth for patients. Practices should take a date of birth at face value, unless they have good reason for not doing so.

## Private GLP1 comms

GPs and practices are contacting us regarding requests from private healthcare providers in relation to the prescribing of GLP-1 medication for weight loss. Practices are being asked to review patients' records and confirm that there is no contraindication.

Private medical services providers are responsible for their own clinical decisions and governance procedures. NHS GP services should not be used to subsidise private medical care (please see the letter from the CMO regarding thishttps://www.sehd.scot.nhs.uk/cmo/CMO(2009)private.pdf).

There is no contractual obligation for the GP practice to provide a fact checking service on behalf of private medical services. The patient should be informed by the practice that there is no funding nor resource for the practice to provide clinical oversight to the private provider and that the practice will not be providing this.

# **GMS Funding**

Practices will have received an email from PSD on 28<sup>th</sup> January regarding the increase to the global sum, including the arrears to be paid to the practice.

## West Dunbartonshire Community Links Workers

West Dunbartonshire HSCP has stated that intends to reduce the CLW service in the HSCP's area from 9WTE workers to 5WTE workers. The GP Subcommittee and LMC have outlined to the HSCP our objections to the proposals. MoU services are there to take workload away from GP practices and any reduction in service risks landing this workload back on GP practices.

#### Sessional GP Event

We are running our annual development and information event for sessional GPs at the Golden Jubilee Conference Hotel on Saturday, 15<sup>th</sup> March (10am-4pm). Sessions will be provided on child and adult protection; CPR training; IT and service update; and a chance to network with colleagues and the secretariat over lunch. Booking is essential-please contact <u>elaine.mclaren@glasgow-lmc.co.uk</u>.

## LMC's GP Practice Situation Survey

The LMC has now been running its GP Practice Situation Survey for over a year. We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

### **GP Email Mailing List**

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please contact the office to provide your email contact details <u>here</u>.

#### Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

## National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-Occupational Health - NHSGGC

The Workforce Specialist Service-<u>The Workforce Specialist Service (WSS) - National Wellbeing Hub</u>

#### BMA Wellbeing Resource-

https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-supportservices/sources-of-support-for-your-wellbeing

Working Health Services Scotland

Working Health Services Scotland (WHSS) - Health and Well-being (nhsinform.scot)

The Cameron Fund

The Cameron Fund | The GPs' Own Charity

## Royal Medical Benevolent Fund

Royal Medical Benevolent Fund - Help for Doctors in Need (rmbf.org)

Yours sincerely,

**Dr Mark Fawcett** Chair

Marco Florence Policy Officer **Dr John Ip** Medical Director **Dr Patricia Moultrie** Medical Director

**Elaine McLaren** Administration Officer