



GLASGOW LOCAL MEDICAL COMMITTEE LIMITED

14th March 2025

To All GPs and GP Practices

Welcome to our March 2025 newsletter.

Sessional GP Event

We are running our annual development and information event for sessional GPs at the Golden Jubilee Conference Hotel this Saturday, 15th March (10am-4pm). Sessions will be provided on child and adult protection; CPR training; IT and service update; and a chance to network with colleagues and the secretariat over lunch. There are still a few spaces available. Booking is essential-please contact elaine.mclaren@glasgow-lmc.co.uk.

GMS Funding

Practices will have received a communication in the weekly mailing on 14th February outlining that the £13.6million of funding announced by the Scottish Government will be allocated in the following manner:

- £9.2 million has been added to the Global Sum;
- £0.4 million has been added to Income & Expenses Guarantees (increasing them by 1%);
- £4 million for enhanced services funding

This year each practice is to be given an Enhanced Services Support payment on the basis of Scottish Workload Formula shares. The Scottish Government will make an announcement regarding how this element will be allocated to practices in future financial years.

SGPC-Employer's National Insurance Contributions

The office circulated a [blog](#) from the Chair of SGPC, Dr Iain Morrison, on 4th March regarding Employer's National Insurance contributions. We would encourage practices to consider the information from SGPC.

National Wellbeing Hub Resources

We are attaching some flyers with this newsletter. They are for facilitated reflective groups and training in group work. We hope that GPs may find these of interest.

LMC's GP Practice Situation Survey

The LMC has now been running its GP Practice Situation Survey for over a year. We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

GP Email Mailing List

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please contact the office to provide your email contact details [here](#).

Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-
[Occupational Health - NHSGGC](#)

The Workforce Specialist Service-
[The Workforce Specialist Service \(WSS\) - National Wellbeing Hub](#)

BMA Wellbeing Resource-
<https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing>

Working Health Services Scotland
[Working Health Services Scotland \(WHSS\) - Health and Well-being \(nhsinform.scot\)](#)

The Cameron Fund
[The Cameron Fund | The GPs' Own Charity](#)

Royal Medical Benevolent Fund
[Royal Medical Benevolent Fund - Help for Doctors in Need \(rmbf.org\)](#)

Yours sincerely,

Dr Mark Fawcett
Chair

Dr John Ip
Medical Director

Dr Patricia Moultrie
Medical Director

Marco Florence
Policy Officer

Elaine McLaren
Administration Officer