To All GPs and GP Practices

Welcome to our April 2025 newsletter. Spring is here and hopefully you will have an opportunity to take some rest over the Easter period. The LMC will be starting the new 2025/26 session at our next full committee meeting on 28th April.

Board/HSCP Leadership

We would like to welcome Fraser McJannett to his role as Director of Primary Care, and Carron O'Byrne to her role as Interim Lead Chief Officer for Primary Care. The LMC's leadership have met Mr McJannett and Ms O'Byrne, and will work with them collaboratively, representing the views of GPs and practices across GGC.

Audit Scotland Report

Audit Scotland recently published a report on the <u>2018 GMS Contract</u>. This starkly lays out what GPs and practices in GGC will already know:

- The pressures facing general practice are increasing whilst the number of WTE GPs is down.
- A number of the commitments made in the 2018 GMS Contract, which should have been delivered, have still not been fully implemented.
- Direct spending on general practice as a proportion of the NHS budget has fallen, and direct spending on GP is also falling in real terms.

Audit Scotland has made a number of recommendations for the Scottish Government, and we will work with colleagues at a national level to ensure that the Scottish Government responds to the needs of GPs here in GGC.

SGPC Update

The national negotiators at SGPC published a <u>blog</u> last week which addresses a number of issues, including the aforementioned Audit Scotland report, the Employer's NI changes and the recent meeting that the Chair of SGPC had with the Cabinet Secretary for Health.

The Chair of SGPC, Dr Iain Morrison, also recently undertook an interview with GP Online in which he talked about the state of general practice in Scotland and the direction that SGPC is taking in terms of the GP Contract. The links are below:

- Article
- Youtube
- Podcast

West Dunbartonshire CLWs

GPs and practices in West Dunbartonshire will be aware of the recent decision by West Dunbartonshire HSCP to reduce its community links worker service. The GP Subcommittee and LMC outlined our opposition to this proposal. This disinvestment will result in a direct increase in GP workload, and is contrary to the promises within both the 2018 GP Contract and the associated Memorandum of Understanding documents.

Sessional GP Event/Survey

We were pleased to welcome around fifty sessional GPs to our annual Sessional GP Development event on 15th March. We hope that the attendees found the event useful.

For the event, we undertook a survey around sessional GP employment opportunities in GGC. The survey showed that sessional GPs are noticing a decrease in demand from practices and are finding it increasingly difficult to find the number of sessions that they would wish to work. It is concerning that at a time of increasing workload pressures, practices are having to take difficult decisions around locum GPs due to financial challenges and lack of premises space.

Digital Dermatology Referrals

GPs now have the option of sending images for dermatology referrals via the updated Consultant Connect (CC) app. The new CC app allows images to be taken by the user's own device without any storage on the device. The images taken are linked onto CHI and then uploaded into the National Digital Platform (NDP) which then can be attached onto a referral on SCI Gateway. The CHI lookup and NDP upload function requires users to be signed into their Microsoft 365 NHS account.

Practices should however be aware that sessional and locum GPs may not be able to use this facility as users require their M365 NHS account to be attached to the practice. If the GP or practice has a photograph for a referral, this can still be sent via MIMs.

We would reminded GPs that photographs are not mandatory for referrals to dermatology, and that referrals should not be rejected by the service solely owing to the absence of an image.

LMC's GP Practice Situation Survey

The LMC has now been running its GP Practice Situation Survey for over a year. We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

GP Email Mailing List

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please contact the office to provide your email contact details here.

Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- www.promis.scot

NHS GGC Occupational Health Service-Occupational Health - NHSGGC

The Workforce Specialist Service-

The Workforce Specialist Service (WSS) - National Wellbeing Hub

BMA Wellbeing Resource-

https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing

Working Health Services Scotland

Working Health Services Scotland (WHSS) - Health and Well-being (nhsinform.scot)

The Cameron Fund

The Cameron Fund | The GPs' Own Charity

Royal Medical Benevolent Fund

Royal Medical Benevolent Fund - Help for Doctors in Need (rmbf.org)

Yours sincerely,

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