

## To All GPs and GP Practices

Welcome to our August 2025 newsletter.

### GPs and Practice Managers' Meeting/LMC AGM

Our annual GPs and Practice Managers' meeting, along with the LMC's AGM, will take place at 7pm on Wednesday, 17<sup>th</sup> September at the auditorium at Hampden Park, Glasgow. The Chair of SGPC, Dr Iain Morrison, will provide a national update. GPs and practice managers wishing to attend the meeting should confirm attendance by emailing <a href="mailto:elaine.mclaren@glasgow-lmc.co.uk">elaine.mclaren@glasgow-lmc.co.uk</a>.

### LMC PCIP Survey

The LMC last week circulated a survey to GPs and practices regarding the PCIP MDT service.

The introduction of the 2018 GMS Contract brought with it commitments regarding the introduction of the MDT. Seven years on, we continue to receive enquiries concerning the insufficient implementation of the MDT part of the contract. To enable us to properly represent the views of GPs and to develop LMC policy, we wish to find out from GPs working in GGC practices their views on the MDT service that is being provided to their practice.

We appreciate that there are other aspects of the 2018 GMS Contract, such as matters relating to premises, which are not as advanced as they should be. However, the focus of this survey is on implementation of the MDT.

We are running a survey adapted for each HSCP area. We would encourage all GP partners and salaried GPs in a practice to complete the survey, as this study seeks to understand GPs' personal perspectives of the MDT implementation element of the 2018 GMS Contract.

The survey will remain open until 9am on Monday, 18<sup>th</sup> August. If you would like the survey link for your HSCP area, please contact <u>elaine.mclaren@glasgow-lmc.co.uk</u>, including your practice code in the email.

#### **SGPC** Roadshows

SGPC is undertaking a number of roadshows to update GP colleagues on its Full Funding Restoration campaign and its formal dispute with the Scottish Government. These include events on Thursday, 28th August in Glasgow and an online event on Thursday, 4th September.

Dr Al Miles, Deputy Chair of SGPC, has written a <u>blog</u> with more details and the <u>link to</u> register for the events.

We highlight the blogs from SGPC in our monthly newsletters. However, GPs can also keep up to date with SGPC's activities by keeping an eye on the BMA Scotland's blog site-https://bmascotland.home.blog/ or on social media:

- https://x.com/BMAScotland
- <a href="https://x.com/DrIMChairSGPC">https://x.com/DrIMChairSGPC</a>
- https://www.facebook.com/bmascotland.

Especially given the challenges currently facing general practice at this time, GPs will wish their voice to be heard. GPs may wish to consider joining the BMA in order to ensure that their voice can be heard and that they can participate in any future ballots for collective action. BMA members will also wish to ensure that their personal and work details held by the BMA are up to date.

#### **Contract Annual Return**

Firstly, we would like to advise that our position is that the contractual requirements surrounding the offering of an online appointment booking system were suspended with the introduction of the national escalation framework in 2020. Since then, the LMC has worked with the board to agree further iterations of the GP Practice Escalation Framework. All practices are currently at level 1a or higher on the escalation framework, and there has been no agreement locally in GGC to reintroduce these contractual requirements.

Secondly, we would strongly encourage practices to have a partnership agreement and a business continuity plan in place, and to make sure both of these documents are up to date. However, the LMC's position is that neither of these is a requirement of the national GMS contract.

## **GMS** Uplift

The <u>2025-26 GMS Uplift</u> was recently published. It is important for GPs to be aware that SGPC did not agree to this. SGPC is of the view that neither the DDRB report nor the Scottish Government's GMS uplift is acceptable. SGPC is continuing to work on its campaign for funding restoration.

#### Disclosure Scotland

We are cognisant that the Scottish Government circular with guidance for GP practices regarding the recent PVG changes is still to be circulated. We will be following up on this as it is important that GP practices have the correct guidance.

#### Scottish Government's Future Medical Workforce Project

The Scottish Government is seeking views from doctors regarding to help shape future reforms in training, recruitment and workforce planning. A series of in person and online focus groups will be held by the Scottish Government over the next two months. More information can be found here.

# Mid Career Matters Programme

RCGP Scotland, supported by the Scottish Government, has developed a programme to support mid-career GPs in dealing with the current strains and constraints of working in general practice. For further information and to apply for a place, please click <u>here</u>.

### GP Email Mailing List/Social Media

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are particularly keen to ensure that these reach as many GPs working in GGC as possible at this difficult time. To receive our communications direct to your own inbox, please go to the following links:

- Partner/Salaried GPs- https://uk.surveymonkey.com/r/8R8HH3M.
- Sessional GPs- https://uk.surveymonkey.com/r/FJH6W67.

You can also follow us on social media at <a href="https://www.facebook.com/GlasgowLMC">https://www.facebook.com/GlasgowLMC</a> and <a href="https://x.com/GlasgowLMC">https://x.com/GlasgowLMC</a>.

# LMC's GP Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. The survey is proving to be a useful barometer of how practices are feeling in terms of pressures, and we are finding it a good tool for sharing with the health board the picture of general practice in GGC.

### Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- https://wellbeinghub.scot/

### NHS GGC Occupational Health Service-

Occupational Health - NHSGGC

# The Workforce Specialist Service-

The Workforce Specialist Service (WSS) - National Wellbeing Hub

# BMA Wellbeing Resource-

https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing

# Working Health Services Scotland

Working Health Services Scotland (WHSS) - Health and Well-being (nhsinform.scot)

#### The Cameron Fund

The Cameron Fund | The GPs' Own Charity

#### Royal Medical Benevolent Fund

Royal Medical Benevolent Fund - Help for Doctors in Need (rmbf.org)

Yours sincerely,

Dr Mark FawcettDr John IpDr Patricia MoultrieChairMedical DirectorMedical Director

Marco FlorenceElaine McLarenPolicy OfficerAdministration Officer

Contact Glasgow LMC via https://www.glasgowlmc.co.uk/contact-us/.