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To All GPs and GP Practices

Welcome to our December 2025 newsletter. We wish all GPs and practice staff a merry Christmas and all the best for 2026.

SLMC Conference

A number of LMC members attended the Scottish LMC Conference on 28th November. The speech from the Chair of SGPC, Dr Iain Morrison can be read <u>here</u>. The Cabinet Secretary for Health also spoke and took questions from attendees. A wide range of issues were covered during the conference, including the SGPC-Scottish Government GP funding deal; premises; GP workforce; workload; and eHealth.

Public Holidays 2026

The public holiday dates for 2026 were circulated in the weekly mailing on 28th November and can also be found in the core brief from 25th November here.

Online Appointments

A communication was issued by the health board on 5th December regarding online appointments. Practices should read the document, particularly with regard to commencement date and the impact of GP IT Reprovisioning. GP practices should be mindful that whilst the provision of online appointments is a contractual requirement, it is for each practice to determine how it implements this to meet the needs of its patients. There is no minimum number of online appointments that needs to be provided and there is no specification with regard to which members of the practice's team these appointments need to be with. We are hopeful given this further explanation of requirements that GP practices will be able to implement this without undue disruption.

PVG Guidance

The Scottish Government has published a circular with some guidance for GP practices regarding the changes to the PVG scheme. This can be found <u>here</u>. This should be read in conjunction with Disclosure Scotland's wider <u>guidance for the health sector</u>.

GP Data Extraction Project

The board wrote to practices on 24 November with information about a new GP data extraction project. In summary, with the demise of SPIRE, there is no facility in GGC to obtain data from GP practices for analysis and for service planning and development. Practices' access to analysis of their own data is limited to the functions that are built into the clinical system- such as Population Manager in EMIS. The project will initially focus on aggregated data (i.e. not patient data) such as disease and prescribing figures.

Other boards in Scotland have implemented similar programmes. In those areas, GP practices have access to applications such as dashboards which can display their own patient and activity data. This can be very useful for practice to understand their demand and activity levels as well as providing clinical data for audit and quality improvement work. GP dashboards is a key part of this project in GGC. The LMC will work with the board to ensure appropriate functionality and analysis is built into the specifications.

The GP data extraction is an Opt-in process and requires explicit consent before any data is extracted. This is a key role for the Data Controller(s) in the practice. There is a consent form as part of the documents attached to the email which needs to be returned to the board. If you have any questions, please contact the LMC office, your local Clinical Director, or email the eHealth team.

GPs as Data Controllers

This is a good opportunity to remind GP contract holders that they are also Data Controllers in the practice. With that status comes legal responsibility and professional accountability for how patient and staff data is collected, stored, used, shared and protected. Practices should have Data Protection policies in place and training for GPs and staff in data protection and confidentiality. Strong passwords and access control policies are important for security as well as safe and secure disposal systems for paper and electronic data. With regard to patient data, practices are reminded of the Joint Data Sharing Agreement with the health board and that the health board's data protection team can be contacted for guidance.

DVLA

The BMA's Professional Fees Committee (PFC) has announced that it has negotiated with the DVLA increased fees for driving licensing medical forms. The agreement is for the fee to increase to £50 from 1 January next year, with this figure set to further increase to £62.50 from 1 April 2026. Under the terms agreed by the BMA and DVLA, fees for the standard medical questionnaire will further be subject to annual uplifts in line with the consumer price inflation index from 1 April in 2027 and 2028, capped at 5 per cent. More details can be found here.

GP Subcommittee/LMC Election

There will be an election in the new year for the GP Subcommittee/LMC. The election is for half of the seats, with the other seats being due for election in 2028. In this election we will welcome nominations from GPs working as GP Partners, Salaried GPs within GP practices and those GPs working in general practice solely on a locum basis. We seek to be a representative committee working in an inclusive and consensual manner.

Further information and self-nomination forms will be issued in January, including the details of the vacancies in each area.

GP Email Mailing List/Social Media

As well as our newsletters, we communicate directly with GPs and practices with important updates. We are keen to ensure that these reach as many GPs working in GGC. To receive our communications direct to your own inbox, please go to the following links:

- Partner/Salaried GPs- https://uk.surveymonkey.com/r/8R8HH3M.
- Locum GPs- https://uk.surveymonkey.com/r/FJH6W67.

You can also follow us on social media at https://www.facebook.com/GlasgowLMC and https://www.facebook.com/GlasgowLMC.

LMC's GP Practice Situation Survey

We would like to thank practice managers for their ongoing support with our practice situation survey. We are receiving responses from around half of the practices in GGC each week. Especially ahead of the upcoming pressures associated with winter, we believe the survey will continue to be a useful barometer of how practices are feeling in terms of pressures, and are

finding it a good tool for sharing with the health board the picture of general practice in GGC. We have asked the board to have greater focus on supporting general practice in its winter planning.

Wellbeing Resources

The cumulative stress of the practice workload, financial pressures and patient demand is undoubtedly affecting people's mental health. We know that practice leadership, and a supportive and valuing culture in general practices is vital in maintaining the wellbeing of the practice team. These are some of the wellbeing resources available to GPs, PMs and practice staff-

National Wellbeing Hub- https://wellbeinghub.scot/

NHS GGC Occupational Health Service-

Occupational Health - NHSGGC

The Workforce Specialist Service-

The Workforce Specialist Service (WSS) - National Wellbeing Hub

BMA Wellbeing Resource-

https://www.bma.org.uk/advice-and-support/your-wellbeing/wellbeing-support-services/sources-of-support-for-your-wellbeing

Working Health Services Scotland

Working Health Services Scotland (WHSS) - Health and Well-being (nhsinform.scot)

The Cameron Fund

The Cameron Fund | The GPs' Own Charity

Royal Medical Benevolent Fund

Royal Medical Benevolent Fund - Help for Doctors in Need (rmbf.org)

Yours sincerely,

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Contact Glasgow LMC via https://www.glasgowlmc.co.uk/contact-us/.